



Lai Dieu Ha

Independent visual artist
Leader of Psyper/Lab (2015 - 2017)

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Lai Dieu Ha, a 2005 graduate of Hanoi Fine Arts University, stands out as one of Vietnam's most significant feminist artists, known for her distinctive, multi-dimensional, and provocative art. Initially focusing on performance art, she delved into explorations of the inner self, grappling with identity and origin, often clashing with the external world. Her body became both a medium and a canvas for these inquiries, embodying questions whose answers remained elusive and ambiguous. Over time, her practice expanded to include photography, painting, sculpture, installation, and video, while maintaining the psychological tension and obscurity that define her work.

Textile remains a fundamental element in her art, with organic fabric sculptures and installations frequently integrated into her performances. In 2012, she founded RAI, an independent brand that translates her artistic vision into wearable designs and fashion objects inspired by her sculptures.

Among her most notable recent exhibitions are the Silver Award Painting of the Year 2023 by UOB, Singapore-Vietnam; "Psychodrama Therapy" at the Rapid Pulse International Performance Art Festival, Chicago, USA, 2014; "Mind, Flesh, Matter" at Sàn Art, Ho Chi Minh City, 2014; and "Undefined Boundaries" at Heritage Space, Hanoi, 2017. In 2015, she presented her first solo exhibition, "Conservation of Vitality," at Cuc Gallery, Hanoi, Vietnam.

Education

Bachelor of Fine Arts, Fine Arts, Vietnam University of Fine Arts, 2005.

Solo Exhibition

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| 2015 | Conservation of vitality , CUC Gallery, Keangnam, Hanoi, Vietnam |
| 2014 | Mind, Flesh, Matter , Sàn Art Laboratory, Ho Chi Minh City, Vietnam |
| 2013 | Beautiful , Festival Performance Art, In Act, Nhasan Studio, Hanoi, Vietnam |
| 2011 | Hurt in Here , Performance Art in Nhasan Studio, Hanoi, Vietnam |

2010 **Flying up** performance, In Act 1, Performance Art event, Tadioto Art Cafe and Nhasan Studio, Hanoi, Vietnam

Group Exhibition

2024. Hanoi / Vietnam/ China / Thailand / - Dunghhingh International
Performance Art Camp Hosted by Á Space .Experimental Art / Cement Park live Art

2023 Silver Award Painting of the year 2023 UOB / Singapore - Vietnam
A Performance against “Archive” Á Space in Hanoi

2022 “**Cong ăn công, thẳng ăn thẳng**”, Exhibition Group painting, APD Center
for Art Patronage and Development, Hanoi, Vietnam.
Festival Performance Art 2022, Nha San Collective, Hanoi, Vietnam

2019 “Morning noon afternoon evening”, Festival Performance in Á space, Hanoi,
Vietnam

2017 **Undefined Boundaries**, Heritage Space, Hanoi, Vietnam
Art Stage Singapore 1/2017

2016 **VietNam Eye Contemporary Vietnamese Art 2016**
Yuyu VietNam Blue in Vietnam Fine Art Museum, Hanoi, Vietnam
Psychodrama Performance Art Therapy in Gia Lam, Bắc Cầu, Hanoi,
Vietnam

2015 / 2016 **PsytheperLab group with Performances Art**
Psyper /Lab /Group, Psychodrama, Performance Arts Therapy

2015 **Psyper /Lab** in Playday, Yên Sở, Hanoi, Vietnam
Future Of Imagination 10 - Myself with Psyper / Lab, Singapore
Psychodrama Performance Art Therapy in Nha San Collective, Ly Quoc
Su, Hanoi, Vietnam.

- 2014** **Psychodrama Therapy**, Rapid Pulse International Performance Art Festival, Chicago, USA
Mind, Flesh, Matter . Sàn Art Laboratory, Ho Chi Minh City, Vietnam
- 2013** **Festival Images**, New space, Copenhagen & Aalborg, Denmark
- 2012** **Clinging Hybrid** performance stage, Skylines With Flying People, Goethe Institute and Japan Foundation, Hanoi, Vietnam
- 2011** **Talking about with your Father**, Researching Performance Art Collections - “On streets and every where”
One Day In The City, Performance Art Festival, Telaviv, Israel
Under Reflection project, Zero Art Space, Yangon, Myanmar
The Beauty performance stage, INACT 2, performance art event, Nhasan Studio, Hanoi, Vietnam
Contemporary art festival, Hoa Lu exhibition hall, Van Ho, Hanoi, Vietnam
A small mess left performance, Khoan Cat Be Tong, Ho Chi Minh City, Vietnam
Untitled Performance at SaSa Art Projects, Phnom Penh, Cambodia
- 2010** **Give me your kiss** – Performance Art

Performance art exchange program with Myanmar artists at Nhasan Studio, Hanoi, Vietnam
- 2009** **Fast food for the future**, LIMDIM at Stenersen Museum, Oslo, Norway
Nippon Performance Art Festival, Tokyo, Nagano, Yokohama, Japan
Performance art exchange program with NIPAF Japan, Nhasan Studio, Hanoi, Vietnam
Painting exhibition at Tho Gallery, Hanoi, Vietnam
- 2008** **Explosion video**, What Is Equality exhibition, at Vietnam Fine Art University, Hanoi, Vietnam
Fast food for the future, 10+, 10th anniversary of Nhasan Studio, Hanoi, Vietnam
- 2007** **Immortality video**, Contemporary Art Festival, Vietnam Fine Art University, Hanoi, Vietnam
Immortality sketch, Nhasan Gia Lam, Vietnam

2006

603, painting exhibition, Eden Hotel, Hanoi, Vietnam

Patches performance, Recovery, Saigon Open City, Fine
Art Association, Ho Chi Minh City, Vietnam

DOM DOM, Performance Art event at Nhasan Studio, Hanoi, Vietnam

Entertaining at Campus, Hanoi, Vietnam

Multiply, Gallery 8, Hanoi, Vietnam

Re-build installation, Goethe Institut, Hanoi, Vietnam